

Advisory Council on Aging
January 12, 2012
Mountainland Association of Governments
586 East 800 North
Orem, UT

CONDUCTING: Mayor J.H. Hadfield

ATTENDING:	Lyndia Carter	Marianne Christensen	Steve Farrell
	Doug Hardy	Melanie Haws	Ralph Horne
	Lois Kelson	Stephen Mahoney	Maurine Lindsay
	Scott McBeth	Judy Seegmiller	Brian Smith
	Ralph Glathar		

EXCUSED:	Heidi DeMarco	Anita Lewis	Grant Parker
	Comm. Doug Witney		

GUESTS:	Louise Tonin	Maureen Henry	Jen Morgan
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Mayor Hadfield welcomed the Advisory Council on Aging to the meeting. Ralph Gathar offered the opening prayer remarks. Mayor Hadfield led the Council in the Pledge of Allegiance.

Minutes

The Council reviewed the minutes from the December 8, 2011 meeting. Doug Hardy motioned to accept the minutes as they were presented. Ralph Horne seconded the motion. The motion carried.

Senior Day at the Legislature

Scott McBeth said the legislative session starts January 23, 2012 and ends March 8, 2012. The date for Senior Day at the Legislature changed this year and will be held February 1, 2012 from 9:30-2. There will be a limit on how many seniors can attend from each Area Agency on Aging because Salt Lake County will be combined with the other counties for a one day event.

Melanie Haws contacted each of the senior centers in the Mountainland service area to give them details about Senior Day at the Legislature, and asked for a count on how many will be attending. Transportation will be provided by the Orem Senior Center.

In-the-News

Melanie Haws reported that Doug Hardy was recently awarded the "Caregiver of the Year" award by the Caregiver Support Network. A copy of the article was given to the Council. The Council congratulated Doug and commended him for his hard work as a caregiver.

Aging Disability Resource Center Updates and Comments

Louise Tonin, Project Coordinator for the Aging Disability Resource Connection (ADRC) introduced herself and her coworkers Maureen Henry, Director and Jen Morgan, Program Assistant. Louise said that there are ADRC sites located at Mountainland, Bear River

Association of Governments, Ability First, and Active Re-entry. The program is in the third year of the cooperative agreement with the Administration on Aging.

Louise Tonin gave the Council a handout of the ADRC Power Point presentation titled *Aging and Disability Resource Connection Progress Report* and reviewed it in detail.

Louise stated that ADRC serves as single points of entry into the long-term supports and services system for older adults and people with disabilities regardless of income. The core functions of ADRC are information, referral and awareness; options counseling and assistance; streamlined eligibility determination for public programs; person-centered transition support; consumer populations, partnerships and stakeholder involvement; and quality assurance and continuous improvement. Louise said the purpose of ADRC presenting at this meeting is to focus on stakeholder involvement and to get feedback from the community.

Person-Centered Transition Support is one aspect of ADRC and is defined as an ADRC's ability to create formal linkages between major pathways that people travel while transitioning from one setting to another or from one public program payer to another. These pathways include preadmission screening programs for nursing home services and hospital discharge planning programs.

Maureen Henry said that Mountainland and Salt Lake Aging Services are applying to become involved in a pilot "fee for service" program. The intent of the programs is to help people being discharged from hospitals avoid re-admission. Medicare has acknowledged that the Area Agencies on Aging are beneficial to help with transitioning. Scott McBeth reported that \$15 billion is spent annually in re-admission costs. Offering transitional care may help reduce the overall cost. Ralph Horne asked how the individual will find out about the service. Scott said the hospital will inform the patient, and then the case manager will visit the patient to coordinate and ensure services. Lois Kelson asked how long the services are available to the individual. Scott said thirty days.

Maureen Henry said the concept of the programs is being studied. If the program is determined to be cost effective for persons 65 years of age and older, it will be considered for Medicaid recipients as well.

Other

Melanie Haws asked the Council to review their information on the Advisory Council on Aging member list that was passed around. The Mountainland Executive Council will ratify the member list on February 23, 2012.

Judy Seegmiller had to leave the meeting early so she asked Melanie Haws to give the Council a copy of the weekly caregiver email. The email is sent to both caregivers and professionals, and lists various conferences, classes, and trainings that relate to caregiving in the area.

Mayor Hadfield asked the Council to give an update for their area.

Ralph Gathar from American Fork reported that 306 people attended the Christmas Social that was held at the American Fork High School. He also reported that 15- 20 new members have joined the American Fork Senior Center since January 2012.

Ralph Horne reported that the Orem Senior Center has had a 10% increase in attendees. Ralph complimented Scott McBeth and Melanie Haws for their knowledge and insight regarding aging issues.

Brian Smith reported that construction of the new Provo Recreation Center is going as planned and is scheduled to open March 2013. He announced that the Eldred Senior Center is hiring a full-time senior coordinator. Applications for the position are available at provo.org for those who are interested in applying.

Lyndia Carter reported that the Springville Senior Center is celebrating love and romance during the month of February. The seniors who want to participate can bring in their wedding photos. A reception will be held to commemorate the special occasion. Lyndia stated that Human Rights Day made her think of all the seniors in the community and the issues they are faced with. She read parts of the Martin Luther King Jr. speech and urged the Council to be aware of the prejudices towards the senior population.

Marianne Christensen reported that the Senior Companions and Foster Grandparents completed a challenge to exercise more. Each volunteer received a pedometer to keep track of the distance they walked as they were encouraged to “walk” to the North Pole and Australia. Both groups met their goal. She also reported that the Martin Luther King Jr. Day of Service was a success. Foster Grandparents focused on collecting items for infants and children, and Senior Companions collected items for the veteran nursing home.

Doug Hardy reported that the several of the seniors at the Lehi Senior Center have gotten very ill, some requiring hospitalization. The center is providing hand sanitizer to help cut the spreading of germs.

Stephen Mahoney reported that the Wasatch Senior Center received approval to hire a part-time kitchen worker this year. They had two part-time kitchen workers in the past and had to let them go because of budget restraints.

The meeting adjourned. The next meeting will be held February 9, 2012 at the Mountainland office in Orem.